

Involvement in sports and recreational activities offer opportunities for young people to learn about teamwork, fair play, focus, and dedication. As they develop into athletes, they acquire time management, goal setting, and leadership skills. At any age, exercising with others also builds lasting friendships and helps keep individuals motivated and involved.

Our future depends on how we raise and prepare the next generation, and America's epidemic of childhood obesity requires our immediate attention. The Department of Health and Human Services, the President's Council on Physical Fitness and Sports, and other members of the White House Task Force on Childhood Obesity are partnering with First Lady Michelle Obama's "Let's Move" initiative to solve this epidemic within a generation. "Let's Move" cultivates the appreciation of nutritious food and inspires kids to engage in physical activity. It empowers parents and caregivers by emphasizing their role in making healthy choices for their children and stresses the importance of access to nutritious foods in our schools and communities. Visit LetsMove.gov to learn more about this exciting campaign.

During National Physical Fitness and Sports Month, let us recommit to making healthy choices that will reduce our risk of chronic diseases and help our families lead longer, happier lives.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2010 as National Physical Fitness and Sports Month. I call upon all Americans to take control of their health and wellness by making physical activity, fitness, and sports participation an important part of their daily lives.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of April, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

Proclamation 8510 of April 29, 2010

National Charter Schools Week, 2010

*By the President of the United States of America
A Proclamation*

Our Nation's future depends on the education we provide to our sons and daughters, and charter schools across America serve as laboratories for education. Ideas developed and tested by charter schools have unlocked potential in students of every background and are driving reform throughout many school districts. During National Charter Schools Week, we recommit to supporting innovation in teaching and learning at high quality charter schools and ensuring all our students have a chance to realize the American Dream.

Principals, teachers, parents, school boards, and communities are working together to transform our public schools, and countless children stand to

benefit from the replication of effective education models. In the 21st century, a world class education is our best avenue to prosperity. The skills and knowledge students gain in school—reinforced by the love of learning educators and mentors can foster—can empower young Americans to achieve their dreams and lead our country in the global marketplace.

The size and scope of the challenges before us require us to align our deepest values and commitments to the demands of a new age. My Administration is committed to helping schools prepare the next generation of leaders by reaching beyond standardized methods and promoting creative teaching strategies and learning techniques. By giving all our children access to a complete and competitive education, we will pass on the American spirit of limitless possibility to the next generation.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim May 2 through May 8, 2010, as National Charter Schools Week. I commend our Nation's charter schools, teachers, and administrators, and I call on States and communities to support charter schools and the students they serve.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-ninth day of April, in the year of our Lord two thousand ten, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

Proclamation 8511 of April 29, 2010

Law Day, U.S.A., 2010

*By the President of the United States of America
A Proclamation*

For over two centuries, our Nation has adhered to the rule of law as the foundation for a safe, free, and just society. President Eisenhower, seeking to formally recognize this tradition, established Law Day in 1958 as “a day of national dedication to the principles of government under law.” Each Law Day, we celebrate our commitment to the rule of law and to upholding the fundamental principles enshrined in our founding documents.

Today, we can travel, communicate, and conduct business around the world faster than ever before. The theme of this year's Law Day, “Law in the 21st Century: Enduring Traditions and Emerging Challenges,” reminds us to draw upon and adapt our time-honored legal traditions to meet the demands of a global era. The prosperity we enjoy as a Nation of laws increasingly depends on preserving the rights and liberties not just in our own country but also in other nations.

In an increasingly interconnected world, legal issues of human rights, criminal justice, intellectual property, business transactions, dispute resolution, human migration, and environmental regulation affect us all. The enduring legal principles of due process and equal protection of the law, judicial independence, access to justice, and a firm commitment to the rule of